

The Play Therapy Space



Roslyn 'Rose' Carnes
Social Worker, Play Therapist

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Professional Supervision

Independent supervision provides a safe, confidential space in which to deal with the impact of intense work with individuals and families. It can be a significant support in addressing potential vicarious trauma, debriefing and strengthening skills.

I offer professional supervision to people working with children and families who have experienced intergenerational or complex trauma, grief or family violence.

I have worked in mainstream government and non-government agencies as well as with Aboriginal Community Controlled organisations, Aboriginal children and families.

Each supervision plan is developed with the individual to address their specific needs.

I draw on training in trauma informed practice, social work, deep listening and narrative training. I receive ongoing professional supervision as a priority in my own self care.

Cost

\$150 per hour (inclusive of GST)

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